

Alberta Mechanical Systems Summit



June 4 - 7, 2026 Speaker Spotlight



Emcee & Opening Keynote **Networking for Humans** **Trevor Moore**

This experience warms up the room, lowers defenses, sparks conversation, and gets people genuinely engaging with one another...without forcing it. Think less small talk, more shared moments. Less pressure, more presence.



Workshop **Struggle Well™: Experiments with Resilience** **Mark Gasparotto**

Success in life is learning how to Struggle Well. Many people think that resilience is an innate trait of being so tough that you are impervious to stress, but the truth is that it is a skill that can be taught, learned, and practiced.



Presentation **How to Adopt AI with Less Risk, Time, and Cost** **Shawn Gray**

Lessons from the national AI Adoption Initiative, general demystification of AI adoption, key learnings, opportunities discovered, and the framework used to adopt.